Control #

RESEARCH STUDY

Informed Consent Form for Subjects in Step 2.

EAV and PIP Test Four Natural Substances on the CV6 Acupuncture Point.

Primary Investigator: Wendy McKenzie, MA. MHt

Committee Chair: Ellen Valentine-Laperriere

Holos University Graduate Seminary supports the practice of protection for human subjects participating in research. The following information is provided for you to decide whether you wish to participate in the present study. You should be aware that even if you agree to participate, you are free to withdraw at any time without affecting opportunities for participation in other projects offered by this graduate program. Your participation is strictly voluntary. Do not hesitate to ask any questions about the study before, during, or after the research study is complete.

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INTERVENTION: The project explores the subtle differences between four natural substances through Polycontrast Interference Photography and Bio Meridian MSA-21 stress assessment. Energy flow is documented, and the impact of different substances is developed and charted through these modalities as a foundation for future research. If you volunteer for step 2 of the study, you will:

Meet the inclusion criteria and sign a copy of this informed consent form stating your qualifications and consent to participate in this study.

☐ Fill out an information form and receive a personal research control number to identify your information for this study.

☐ Attend a 120-minute session as a volunteer subject.

☐ Fill out three paper survey instruments before the session.

☐ Lie on a massage table fully dressed. The lower abdomen, just below the belly button, will be exposed by the shirt getting folded up.

*CV6 acupuncture point will be pre-tested with the EAV and PIP for a baseline.

* A 2" x 2" natural material will be placed on the CV6 point for 20 minutes while the volunteer focuses on that point

*A second reading with the EAV and PIP will follow.

☐ You will journal about the experience.

☐ You will fill out both survey instruments a second time to complete the session.

☐ You will follow up the next morning with a final survey of journaling.

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Initials of Subject Date

INCLUSION Criteria/TESTING: Only those ages 21 to 75 who are literate in verbal and written English and experiencing lethargy, sluggishness, or feeling drained will be accepted as participants in the study.

Participants will be assessed three times during the study: twice on the study date and once on the following day. The assessment will consist of completing the following:

1). The Connection to Nature Scale (CNS)

2). Interpersonal Reactivity Index (IRI)

3). Visual Analogue Scale to Evaluate Fatigue Severity (VAS-F)

2) Subjective Journaling twice, once on the research day and once the following day.

TIME COMMITMENT FOR PARTICIPATION – The total time required for a participant in the study shall be approximately 120 minutes.

CONFIDENTIALITY: Participation in this study and any generated forms will be held strictly confidential. Personal information will be identified only by a unique research control number assigned on the day of the research. The results of the study may be reported in scientific presentations or publications. Neither the names of participants nor their personal information will be identified, published, or associated with the research findings.

POTENTIAL BENEFITS: The expected benefits for participants associated with this study include an increase in the flow of energy, a sense of peace, relaxation, and groundedness. Information will be obtained concerning the participants' pre- and post-connection connection to nature, feelings of empathy toward others, and fatigue levels. The participants might notice, upon reflection, a shift in how they feel.

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Initials of Subject Date.

POTENTIAL RISKS: The study explores the subtle differences between four natural materials on an acupuncture point.

There is no known possibility of physical injury. The risks are minimal and could include mental or emotional discomfort due to having your belly exposed or being tested with equipment. Neither Holos University Graduate Seminary nor the PI claims this study offers therapeutic benefits. Participants seeking therapeutic support are encouraged to find a trained professional.

The Head of the IRB Committee, Bruce LeBlanc, will gladly answer any questions a participant may have regarding this study. Any further questions, please contact the PI, Wendy McKenzie, at (603) 672-2626 or by email at wwaltervoiceofclay@gmail.com or Ellen Valentine-Laperriere, Dissertation Committee Chair, at (850) 688-3476 or by email at ellenv@holosuniversity.org.

For concerns or questions about a research participant's rights, please contact the Holos University Graduate Seminary IRB Committee Chair, Bruce LeBlanc. (309)-292-3823, drbdleblanc@gmail.com.

Sincerely,

Wendy McKenzie

Please sign the consent with full knowledge of the procedures' nature and purpose, the expected benefits, and the discomforts and/or risks that may be encountered.

_____ _____

Subject's Signature Date

Contact information:

Wendy McKenzie: Principal Investigator. 16 Meetinghouse Hill Rd, Brookline NH 03033, (603) 672-2626, wwaltervoiceofclay@gmail.com

Ellen Valentine-Laperriere: Chair of Dissertation Committee, (980) 288-9367, ellenv@holosuniversity.org